Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Thursday 31 Mar 2022 until 23:59 on Friday 01 Apr 2022

Forecast Issued on Thursday 31 Mar 2022 at 03:31 by Met Office Aberdeen

Confidence: High for mostly cold conditions to Saturday, but moderate for extent of showers Friday and Saturday. Falling low by the end of the weekend with large uncertainty on when milder conditions arrive.

Headline for Thursday 31 Mar 2022: Bitterly cold. Sunny spells and snow showers.

Mountain weather hazards on Thursday 31 Mar 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
High Likelihood

Poor visibility
No Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Sunny intervals	Light snow showers	Heavy snow showers	Light snow showers	Partly cloudy (night)
Precipitation probability					
10%	20%	30%	40%	30%	10%

Forecast for Thursday 31 Mar 2022

Weather: Dry for most through the morning with clear then sunny spells, best in the south, but snow showers across the far north and the northwest coast. All ranges seeing bright or sunny spells and snow showers in the afternoon, these occasionally heavy with a slight risk of thunder. Dry and mostly clear after dusk, some patchy cloud near the coasts.

Chance of cloud-free hill tops above 800m: 70-80%, best in the south.

Low cloud and visibility: Very good visibility, briefly dropping to a few hundred meters or less in passing snow showers. Cloud bases often above the summits, occasionally lowering to around 1000m in passing showers, mostly in the north.

Check our weather forecast every day to get the most accurate and up to date information
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Met Office Mountain Weather Forecast

Forecast for Thursday 31 Mar 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	19/22 N	19/24 N	17/22 N	20/27 N	19/24 N	17/21 N	14/17 NW
900	17/20 N	17/21 N	16/21 N	21/27 N	18/24 N	15/19 N	11/14 NW
600	12/15 N	14/19 N	13/18 N	16/22 N	15/21 N	8/13 N	6/9 NW
300	4/17 N	5/19 N	6/20 N	9/23 N	8/21 N	3/15 N	1/10 NW
Glen	3/10 NE	9/19 NE	12/21 N	12/22 N	12/23 N	6/15 N	3/8 N

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	-6/-14	-6/-14	-5/-12	-4/-12	-5/-13	-6/-14	-6/-13
900	-5/-13	-5/-12	-4/-11	-3/-11	-4/-12	-5/-12	-6/-12
600	-3/-9	-2/-8	-1/-7	-0/-6	-2/-8	-3/-8	-3/-7
300	-1/-3	1/-2	1/-2	3/-1	1/-2	-1/-3	-1/-3
Glen	1/-1	3/-0	5/1	6/3	4/-0	2/-1	1/-1
Freezing Level*	100m	100m	200m	200m	200m	100m	100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Unseasonably cold with a slight dusting of new snow.

Forecast for Friday 01 Apr 2022
Weather: Cold with cloud increasing through the early hours, bringing a couple of hours of snow around dawn along the west coast, perhaps extending inland. Then a largely dry day with some bright spells, although a few snow showers in the afternoon, these most likely across Assynt and the far north. A dry evening with some clear spells.

Maximum wind: Northwest 10 gusting 15-20 mph

Chance of cloud-free hill tops above 800m: 80%

Low cloud and visibility: Generally very good visibility, briefly dropping to a few hundred meters in any heavier snow showers. Cloud bases around 400-500m in early morning snow in the west. Otherwise mostly above the summits, occasionally dropping to around 1100m.

Temperature: **Glens:** Minus 3 Celsius rising to plus 5 Celsius
At 800m: Minus 5 Celsius rising to minus 1 Celsius
Freezing level: Down to the glens, rising to 300-400m by day.

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